

www.life-pilot.co.uk



Lifepilot:

Helping adults progress to higher level study

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This session:

- . Where it came from
- . What it offers
- . How you can get involved

Background

- Started under Lifelong Learning agenda in 2009
- Funded through subscriptions from 9 universities
- Supported by 5 Uni Connects

About Lifepilot:

Who is it for?

Post 19 adults

- Wanting to get back into learning for job change/career progression.
- Considering current or future progression to higher level study.

98% of users
said Lifepilot
had been
helpful to them

78% said they
planned to take
action after
using the site.

44% returning
users had taken
some decisive
action

Popular Tools on blue bar

Register and access the Career Tools

The screenshot shows a website interface with a dark blue header. On the left, there are navigation links: Information, Job sectors, Courses, Providers, Qualifications, Real stories, and Improve your skills. A search bar is located in the top right of the header. Below the header, the main heading reads "Helping adults progress to higher level study". Underneath, it says "Choose a path that best fits you..." followed by a 3x3 grid of nine cards, each featuring a person's portrait and a text prompt. At the bottom of the grid is a button that says "Not sure where to start? Use our resource finder". On the right side of the page, there is a dark sidebar titled "CAREER TOOLS" containing a list of user-specific tools: Higher Skills Map, My Qualifications, My Job Sectors, My Growth Areas, My Providers, My Courses, My Resources, and My to-do list. A "View your full report" button is located at the bottom of this sidebar.

See your report

Choose your starting point

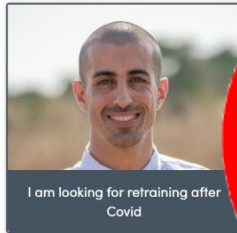
Quiz – not sure where to start? Get ideas

Finding your way around

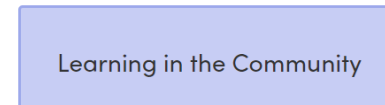
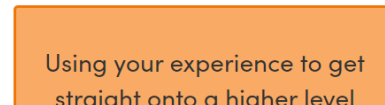
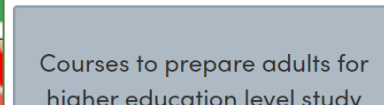
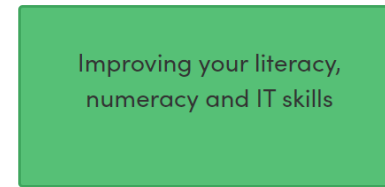
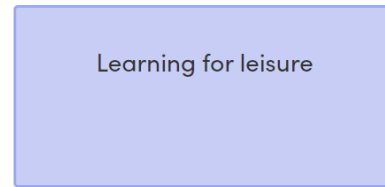
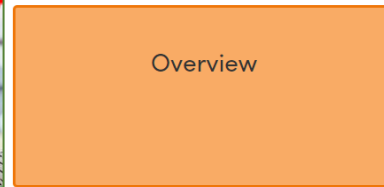
Helping adults progress to higher level study

- Higher Skills Map
- My Qualifications
- My Job Sectors
- My Growth Areas

Choose a path that best fits you...



Starting with few qualifications



Starting with few qualifications

+ Add this to My Resources

Also in this section

- > Overview
- > Learning for leisure
- > Improving your literacy, numeracy and IT skills
- > Courses to prepare adults for higher education level study
- > Using your experience to get straight onto a higher level course
- > Learning in the Community

Courses to prepare adults for higher education level study

If you know you want to take a degree or another higher education level course in the future, but you're not yet ready, there are programmes specially designed to prepare you for this level of study.

You do not usually need qualifications to start the following courses, but you do need to show you have the potential to manage the level of work required.

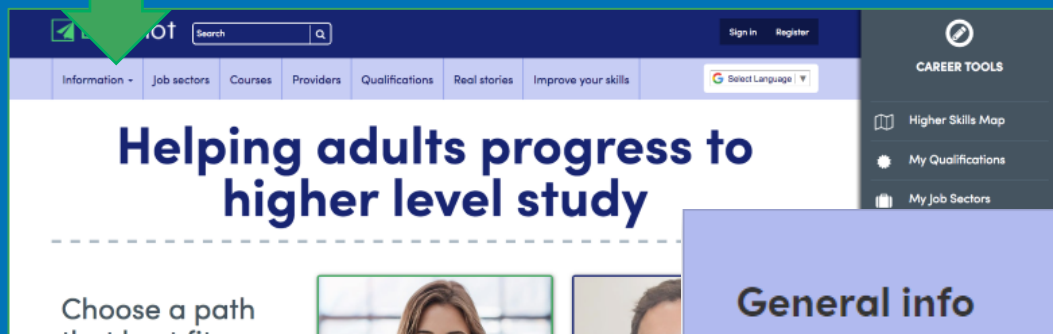
[Access to Higher Education Diploma courses](#), offered mainly at local colleges, are designed for adults who don't have the traditional entry qualifications for higher education study.

[Access modules](#) offered by The Open University are introductory-level courses designed to help adults find out what it's like to study with the OU, get a taste of a subject area, develop their study skills and build their confidence.

[Foundation year courses](#) offer a one-year extension to an Honours Degree for those who lack the subject specific qualifications normally needed for entry. They are usually suitable for a range of entrants including students who do not meet the minimum academic entry requirements but have significant life and/or work experience.

INFORMATION to help adults progress

Information



General info

- > [Getting started](#)
- > [Benefits of study](#)
- > [Money matters](#)
- > [Using your experience](#)
- > [Using your qualifications](#)
- > [What, where, how to study](#)
- > [Applying](#)
- > [Being a student](#)
- > [Help and support](#)

Your needs

- > [Starting with few qualifications](#)
- > [Get or move on from an apprenticeship](#)
- > [Changing job or career](#)
- > [Getting back to work](#)
- > [Getting ready to do a degree](#)
- > [Ready to do a degree](#)
- > [Access to HE Student](#)
- > [Retraining after Covid](#)

TOOLS to help adults progress

3



Higher Skills Map builder

My skills and qualities

Here are some qualities and skills valued in higher education. Think about your qualities and skills in the broadest sense from all aspects of life or work, including child care, of the following that describe you.

I can think strategically when I play games e.g. computer, board, crosswords, team, etc.

I can review figures and data to make judgements.

I can manage the personal development of myself and others.

I can adapt my communication skills to suit the audience.

I can present evidence to argue my point of view.

I can assess information from more than one source to decide what action is required.

I can select the right person in a team to make sure the job is done well/on time.

I can ensure that my team so they can carry out tasks.

Examples of things you have done and achieved in your work or life.

Experiences

1

Activities

2

I have performed a specific role at a high level with limited supervision.

Added by Lifepilot 3 months ago | Delete

SKILLS YOU'VE USED Initiative Leadership Organisation Strategic

I have managed budgets, accounts or finances.

Added by Lifepilot 3 months ago | Delete

SKILLS YOU'VE USED Mathematical

I have planned work for others to meet their skills and abilities.

Added by Lifepilot 3 months ago | Delete

SKILLS YOU'VE USED Evaluation Investigation Leadership Teamwork

Course / Job title: nurse

Skills required: Communication, Problem-solving, Teamwork, Adaptable

Write examples to show you have the skills that will be useful for the job or course you are applying to

Communication

Skills bank examples

- ✓ I can summarise complex information for written reports.
- ✓ I can communicate confidently with a range of different types of people.

Explain your evidence [See examples](#)

When talking about your skills on applications and at interviews explain the task/activity you did and how this developed your skill.

Add evidence here

Add your own examples to your Skills bank

+ Add example or retake the quiz.


Skills bank

Skills	% Match	Quiz	Added
Evaluation	57%	4	0
Initiative	57%	4	0
Leadership	57%	4	0
Organisation	57%	4	0
Communication	43%	3	0
Mathematical	43%	3	0
Investigation	43%	3	0
Strategic	43%	3	0
Personal Development	29%	2	0
Problem-solving	29%	2	0

Jobs and how to get in

Accounting technician

Accounting technicians handle day-to-day financial matters in all types of business.

 Add this to My Job Sectors

ANNUAL SALARY

£18,000 to £30,000

WORKING HOURS

37 to 39 a week


You could work: between 8am and 6pm;


FUTURE EMPLOYMENT

There will be 4% more
Accounting technician jobs
in 2025.

[In your local area](#)

 4%

What you'll do 

Entry requirements 

Employment by region 

Career path and progression 

Other useful information 

Jobs and how to get in

Selection of jobs in Health and Social Care

[Ambulance care assistant](#)

[Dental hygienist](#)

[Dental nurse](#)

[Dental technician](#)

[District nurse](#)

[Health play specialist](#)

[Health service manager](#)

[Health trainer](#)

[Health visitor](#)

[Healthcare assistant](#)

[Healthcare science assistant](#)

[Nurse](#)

Examples of the Apprenticeships available in Health and Social Care (you still have to find a vacancy)

- [Healthcare support worker \(level 2\)](#)
- [Adult care worker \(level 2\)](#)
- [Lead adult care worker \(level 3\)](#)
- [Safety, health and environment technician \(level 3\)](#)

Examples of College Courses in the SW and SE in Health and Social Care

Pre level [Health and social care workskills – Bath College](#)

Level 2 [Adult Care Worker – City College Plymouth](#)

Level 3 [Child care and e](#)

Level 4 [Diploma in Adul](#)

Level 3 [Access to social](#)

Level 3 [Access to social](#)

Level 3 [Preparation to v](#)

Level 3 [Access to nursin](#)

Examples of Degree Level Courses

Level 4/5 [Health and Social care practice foundation degree – City of Bristol College](#)

Level 4 [HNC in Health Care Practice – Bath College](#)

Level 5 [Early years study Foundation Degree – Gloucestershire College](#)

Level 6 [Nursing \(adult\) – UWE](#)

Examples of free short courses to get you started

[Nutrition and Wellbeing](#)

[Safeguarding Adults: Level 3 Training](#)

[The Power of Data in Health and Social Care](#)

[Supporting Adolescent Learners: Social and Emotional Wellbeing](#)

Other Career Tools:

CAREER TOOLS

- Higher Skills Map
- My Qualifications**
- My Job Sectors
- My Providers
- My Courses
- My Resources
- My to-do list

[View your full report](#)

Qualifications

Click the 'Choices' buttons + in the page to add items to your Career Tools

	General academic	Vocationally-related	Work-based Learning
LEVEL 8	Doctorate	+ BTEC Professional Qualifications, City and Guilds, OCR, etc.	+ NVQ Level 5
LEVEL 7	Masters, post graduate Diploma, post graduate Certificate	+ BTEC Professional Qualifications, City and Guilds, OCR, etc.	+ Higher Apprenticeship + NVQ Level 5
LEVEL 6	3rd Year Honours Degree	+ BTEC Professional Qualification, City and Guilds, OCR, etc.	+ 3rd Year Degree Apprenticeship
	Top up year to Honours Degree from a Foundation Degree/HNC/IBD		+ Higher Apprenticeship + NVQ Level 4
LEVEL 5	2nd Year Honours Degree	+ BTEC Higher National Diploma (HND) offered by colleges	+ 2nd Year Degree Apprenticeship
	Foundation Degree Year 2 HNDs		+ Higher Apprenticeship + NVQ Level 4
LEVEL 4	1st Year Honours Degree	+ BTEC Higher National Certificate (HNC) Offered by FE Colleges	+ 1st Year Degree Apprenticeship
	Foundation Degree Year 1 HNCs		+ Higher Apprenticeship + NVQ Level 4
LEVEL 3	A and AS Levels	+ Applied General Qualifications	+ Advanced Apprenticeship
	Open University Access Modules	+ Vocational / Tech Level Qualifications Level 3 BTEC, City and Guilds, Diplomas	+ NVQ Level 3
LEVEL 2	GCSE Grades 4-9	+ Vocational qualifications - eg Level 2 - BTEC Certificate/Diploma, OCR, City and Guilds	+ Intermediate Apprenticeship
	Maths/English/IT Functional Skills courses		+ NVQ Level 2
LEVEL 1	GCSE Grades 1-3	+ Vocational qualifications - eg Level 1 - BTEC Certificate/Diploma, OCR, City and Guilds	+ NVQ Level 1
	Maths/English/IT Functional Skills courses		
			+ Entry Level

Search for degree courses

SEARCH BY TOWN / POSTCODE

Enter town, city or postcode...

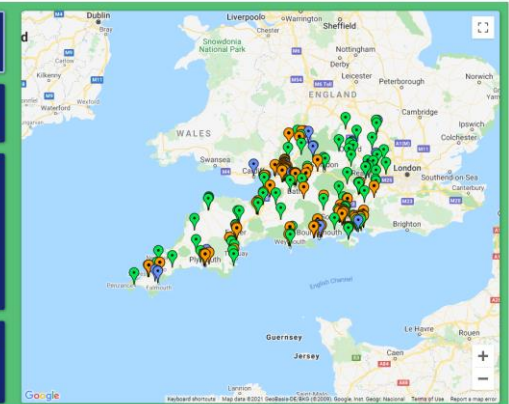
JUMP TO PROVIDER

Select a provider

FILTER BY PROVIDER TYPE

- Universities
- Further Education Colleges
- Other Training Organisations

I want to study outside the South West



Higher level courses

Search for degree courses

Enter subject or keyword

Enter a course subject or keyword

...or choose a subject area

must be completed.

Enter a postcode or town (optional) Distance (optional)

Enter a postcode or town Select a distance

Few other things

Real stories

By qualification

- Access to Higher Education
- Apprenticeships
- Foundation Degrees
- Foundation Year
- Higher Education videos
- Honours Degrees
- Post Graduate Degrees
- Progression to HE from Apprenticeships

By vocation

All stories



From mum to biology deg through a Foundation Year
Duration: 4:08 mins

Improve your skills

The skills activities will help you develop or practice some of the skills needed for study at a higher education level. When you get on a course your institution will also help you develop these skills.



Managing childcare and...

Get Writing & Reading!

- Planning your writing >
- How to be a good reader >
- Get Reading - Active reading >
- Get Writing! Be creative >
- Get Writing! Essays & reports >
- What is good writing? >
- Get Writing! Writing what you know >

Get Maths & Science!

- Maths for Science & Technology >
- Introduction to graphs >
- Presenting information >

Get Studying!

- Get Thinking! >
- Taking notes >
- Learning online >

Get Skilled!

- Working with others >
- Problem solving >
- Interpersonal skills >

Try This - Using tables

What you will learn on this page:

[Reading a table](#)

[Study Table 1 below carefully and then answer the following questions.](#)

Reading a table

Tables are a common way of presenting information. We use tables to display key information, usually numbers. Tables can form a summary of information, or they may be a starting point for a discussion.

Tables can look quite formidable when a lot of information is presented all at once and finding your way around one can be difficult. So how do you interpret a table?

The Sciences Good Study Guide (Northedge et al., 1997) advises that you should ask yourself these questions:

- What is the table about? The title of the table should tell you what it is about.
- Where has the information come from? The source of the information should be stated.
- What do the rows and columns represent? The labels for the rows and columns should tell you what they represent.
- What do you want to know? This will depend on your reasons for reading the table. You may want to look up a single piece of information, or you may be looking for overall patterns.
- What are you expected to remember? Tables often contain a great deal of information. You may not need to remember any of it. Usually, it's the overall trends that are important.

Get Registered and have a play

Sign in Register

Select Language ▼

gher

Sign in

First name First name

Last name Last name

Email Email address

Confirm email Confirm email address

Home postcode Postcode

Local authority Choose one...

Password Password

Confirm password Confirm password

REGISTRATION

1. Use your name
2. Email:
<yourname>@nomail.com
3. Password: password1
4. Home or work postcode
5. Local Authority: Cornwall, etc.

- Tag the things you like, look at the report
- What would adults find particularly useful?
- Would this be useful to adults you work with?
- What else does it need?

Resources

WHERE TO START



HELPING ADULTS PROGRESS THROUGH HIGHER LEVEL STUDY

A GUIDE FOR USERS

I want to get more qualifications

I want to get back to work

I'm thinking about doing a degree

I want to change career

Funded by universities
Free to users



@LIFEPILOT4HE

LIFEPILOT@BATH.AC.UK

life-pilot.co.uk
Getting back into Lifepilot
you and get the
service you need to get



Not sure?
For a few questions about what
we'll give you a summary of the
resources you might find most useful.

life-pilot.co.uk

Listen here for starting with few qualifications



Finding your way round Lifepilot



life-pilot.co.uk

A FREE one-stop careers website for ADULTS

Get all the information and advice you need to make your next career move

Accurate, up to date information, managed by professional careers advisers

- Starting with few qualifications and want to get back into learning?
- Ready to go to university or college to do a higher education degree level course?
- Want to get back into work or do an apprenticeship?
- Feel ready for a career change or progress in your role?
- Want to know all your options about what, where and how you can study?

Wherever you are starting from, Lifepilot has everything in one place to help you decide what to do next.

And it's FREE!

Funded by universities in the South West and some parts of the South East



@Lifepilot4HE



lifepilot@bath.ac.uk



@Lifepilot4HE



lifepilot@bath.ac.uk

life-pilot.co.uk

A FREE one-stop careers website for ADULTS

Lifepilot also includes Career Tools to help you:

• More opportunities
• Make informed decisions
• Know what to do next



- Improve your skills for study activities
- Over 100+ video stories
- Useful tips and links to further information throughout the site

Record all your activities with Lifepilot's Career Tools
Available in the South West and some parts of the South East

How universities and colleges use Lifepilot:

Written into APPs as an intervention that engages adults and supports their progression to Higher Education...

... and as a cost-efficient, impartial resource delivered as part of a collaboration of universities

Lifepilot is signposted to adults through the HEI's website

A link to Lifepilot is sent to adults at the point of application or mentioned through outreach

How you can get involved:

We are expanding our subscription base and looking for additional HEIs to join the collaboration

For a subscription of (£2 or 3K TBA) a year you will receive the following:

- Added as a funding partner on the home page.
- Have your own university/university college centre's pages in the 'Provider' section.
- Have a summary of how Lifepilot will help you meet a set of aims and outcomes, with intended impact and an evaluation report for inclusion in your APP (and a Theory of Change).
- Training for you staff team.
- Access to free webinars you can invite those working with adults in your community to attend.
- Opportunity to contribute to the development of the site.
- Newsletter featuring site developments, new content, webinar dates and what's in the news about lifelong learning.
- We can also run bespoke webinars specifically for adults helping them prepare for HE and overcome barriers, or provide one to one career guidance (additional costs will apply)

**Request a free consultation from Ruth
Thomas (engagement lead):
email: lifepilot@bath.ac.uk**

life-pilot.co.uk