

# Supporting student success and wellbeing through a collaborative, inclusive and holistic approach.

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Lancaster University  
**TRANSITIONS TEAM**



**SETTLING  
IN**

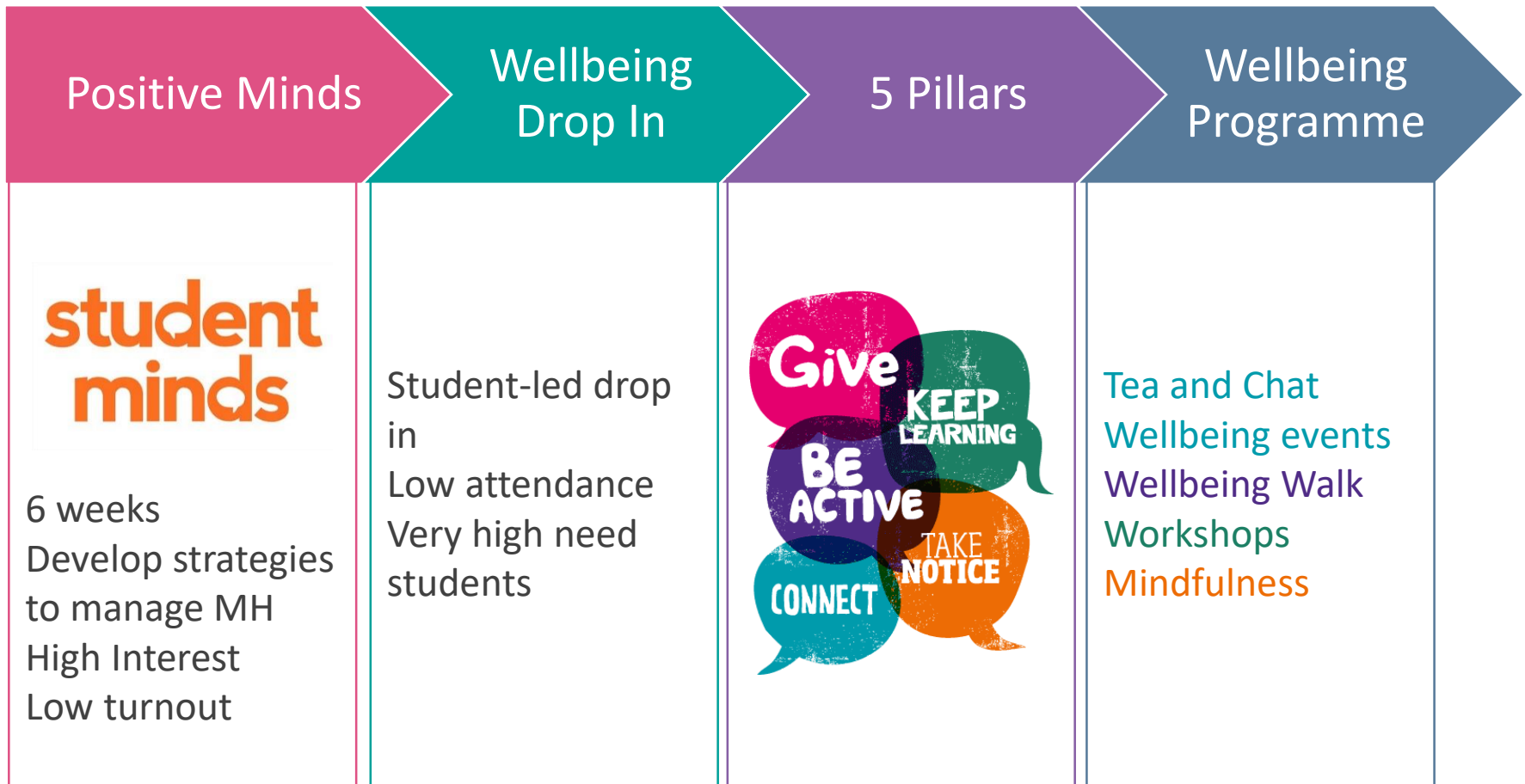


**WELLBEING  
PROGRAMME**



**MENTORING  
SUPPORT**

# From Mental Health to Wellbeing



# Activity

- Stand Up, Hand Up, Pair Up
- What is one thing your institution does to support wellbeing?

